

## About Us

The Key Clubhouse of South Florida offers a free "Recovery through Work" program for adults living with serious and persistent mental illness. Our program is voluntary and focuses on strength-based recovery.

The Clubhouse is open five days a week, M-F, from 8:30 AM to 5:00 PM. Tours are offered in the morning upon request.

The Key Clubhouse of South Florida  
1400 NW 54th Street  
Suite 102  
Miami, FL 33142  
305-693-3508  
[www.keyclubhouse.org](http://www.keyclubhouse.org)  
[dwebb@keyclubhouse.org](mailto:dwebb@keyclubhouse.org)



### Newsletter Contributors

Michelle Swift  
Rocio De Maio  
Mark Cardona  
Stephanie Barker



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## SAVE THE DATE The Dosal Family Foundation Presents:

### THE FOURTH ANNUAL MENTAL HEALTH BENEFIT LUNCHEON SUNDAY, MARCH 8, 2020

Purchase your table and tickets today by visiting our website: <https://www.keyclubhouse.org/>

Changing Lives:  
**ONE LAUGH  
AT A TIME**

**The Fourth Annual Benefit Luncheon for  
The Key Clubhouse of South Florida**

Sunday, March 8, 2020 11:30 AM Pullman Miami Airport Hotel

Featuring **David Granirer**, Founder  
**Stand Up for Mental Health**



**DAVID GRANIRER**  
Keynote Speaker  
Founder of Stand Up for Mental Health

The Key Clubhouse is proud to have major support from the following:



# The Key Update

The Key Clubhouse of South Florida Newsletter  
December 2019



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## THANK YOU, MIAMI!

Give Miami Day is one of the biggest annual giving events in the United States. Key Clubhouse joined in for another year on November 21, with the goal of raising \$30,000. We are proud to announce that we exceeded our goal and raised a little over \$30,000! History was made again on Give Miami day 2019 with 823 nonprofits raising a total of \$14,478,840 from donors spanning the city, nation and globe. On behalf of the members, the staff and the board of directors, I would like to thank all of our friends who care so deeply about mental illness and want to help our members become more independent through employment, education and socialization.

Warmest wishes for a Healthy and Happy New Year.

Debra Webb, APR, MPA  
Executive Director



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## KEY CLUBHOUSE LOOKS TO THE FUTURE

Key Clubhouse is embarking on plans for a new, larger clubhouse facility, to be opened in 2021. It will launch a public fundraising campaign to build a new commercial kitchen for the Culinary Unit and furnish the new facility. "Our program currently serves about 25-30 members a day," said Amy McClellan, President of the Key Clubhouse board of directors. "We are looking forward to welcoming more people living with mental illness who want to improve their lives." The new Clubhouse facility will have enough space to serve twice as many members.

The new 5,000-square-foot facility will be located on the first floor of Northside Commons, a new 80-unit supportive housing complex primarily for people with mental illness. "We are grateful to Stephanie Berman-Eisenberg, CEO of Carrfour Supportive Housing who applied for the financing from Florida Housing Corporation for this collaboration," said Debra Webb, Executive Director of Key Clubhouse. Key Clubhouse will have priority placement for 40 of the apartment units for its members.

A private, nonprofit rehabilitation program, Key Clubhouse offers people a path to independence by helping them function in the community, be successful in the workplace and live lives of purpose and dignity. It has been providing educational, social, employment and other services in Miami Dade for almost 10 years.

## WE WISH YOU A HAPPY HOLIDAY AND A HEALTHY NEW YEAR



The New Year is always an inspiring time. It gives us the opportunity for a new beginning. Here at the Key Clubhouse we're already working on our resolutions to make the new year better than last. May this year bring new happiness, goals, and achievements to your life. We wish you a year loaded with happiness!



### MEET LETI

I went through some hard times but I picked myself up. I lost everything because of drug addiction but I was strong enough to overcome my challenges. After joining a rehab program, I was ready to get a job. I went to CareerSource and met Alex Lasa whose has been a member of the Key Clubhouse for 4 years and he referred me. At the Key Club House, I gained the confidence I needed to be able to go back to work and be more independent. I was also able to make friends, previously I had none. Once I was ready, I found a job. I was lucky enough to get a position at Sedanos, where I work as a cashier. I feel good. I'm making my own money and it feels great not to have to ask family for money. I get along with my co-workers. In the near future, I'd like to get my own apartment and a car. I'd also liked to restore the ties with my family. The clubhouse will always be my strong point. It prepared me to be what I am now.

## YOUR CONTRIBUTIONS MAKE DREAMS COME TRUE!

Dreams were the reason behind the creation of The Key Clubhouse in 2010. We chose to start a Clubhouse program because it offers a real long-term solution to the complex issues surrounding serious mental illness. The Key Clubhouse community provides an ongoing, daily support system that helps people find a way out of isolation, stigma, loneliness and dependency, and into the world of work, education, friendships and increased self-sufficiency.

In 2020, The Key Clubhouse will celebrate its 10th anniversary. In the next few weeks, we will enroll our 600th member in the Clubhouse program! Your contributions have helped make Key Clubhouse a strong organization that has placed 47 members living with mental illness in paid employment in the last year. Your future contributions will help us achieve the dream of a new, larger Clubhouse with 40 supportive apartments available to people who are the most vulnerable in our community.

Nearly 100% of our members live at or below the poverty line. That is why we believe it is important to offer Clubhouse services for free to Miami-Dade residents. We don't charge members to participate -- nor do we limit their participation because of insurance or lack of insurance.

We can only do this with the support of individuals like you. I hope you will consider making a year-end donation to support our work by using the envelope enclosed in this newsletter or through our website at [www.keyclubhouse.org](http://www.keyclubhouse.org). Your gift will make an immediate impact on our current program and help support our new Culinary Unit and furnish our new Clubhouse.

Thank you from all of us and enjoy the Holidays!

Board President



## IT'S TIME FOR REACCREDITATION OF KEY CLUBHOUSE



The Key Clubhouse of South Florida relies on a simple formula: a stigma-free place to come and form meaningful relationships, and the chance to discover one's purpose.

The Key Clubhouse first became accredited for three years by Clubhouse International in February 2017. The staff, members and board of directors are now preparing for our second accreditation, which will be February 24-26, 2020, to evaluate our effectiveness.

Our last accreditation report in February 2017 included this statement by Mark Stoeltje, Clubhouse International Facility Member:

The Key Clubhouse is a strong Clubhouse with a clear sense of community and a vibrant and engaging work ordered day, the relationships are very collegial. We felt very welcomed in this vibrant Clubhouse. The employment program is robust and very organized. Every unit is involved in developing future employment for members.

Since 2010, Key Clubhouse has served close to 600 people with severe mental illness in Miami-Dade County. Last year alone, the Clubhouse placed 47 people living with mental illness in paid employment. In addition, the following information has been collected through a survey of our members who have been active in the Clubhouse for a year or more and are thriving:

- 99% felt better about themselves as a result of coming to the Clubhouse
- 90% felt more confident about going back to work
- 95% did not need to go to the emergency room for psychiatric reasons in the last year
- 100% had not gone to a Crisis Unit in the last year
- 14% had gone back to school or higher education to improve the quality of their lives.

## ABLE TRUST GRANT TO KEY CLUBHOUSE INCREASES JOB TRAINING AND EMPLOYMENT OPPORTUNITIES FOR PEOPLE LIVING WITH MENTAL ILLNESS

The Able Trust has approved a grant in the amount of \$65,000 to Key Clubhouse of South Florida for Employment Initiatives for Individuals with Mental Illness. Since 2016, Key Clubhouse has placed more than 125 people living with serious mental illness in jobs through the Miami-Dade community. "We are so grateful that The Able Trust continues to support our mission of helping secure paid employment for our members," said Debra Webb, Executive Director. Key Clubhouse has hired another employment coordinator to assist members with pre-employment skills training and will be recruiting new employers into our circle.



Mary Jane Francis

### WELCOME ABOARD NEW STAFF

Mary Jane Francis has joined the Key Clubhouse as the new Employment Coordinator. This is a new position and she will be helping with employment for our members and providing additional support in the units. "I am truly happy and excited to continue my journey, in the mental health field, with the Key Clubhouse," said Mary Jane.

Prior to joining the Key Clubhouse she served as the Employment Specialist for Club Fellowship. She recently attended the two-week training at Gateway House in South Carolina. "The love, values, and desire for growth within the clubhouse community is what drew me in."

Mary Jane received her Bachelor's of Arts Degree in Psychology from Florida International University in 2016. Shortly after, she began her career in the mental health field as a Psychosocial Rehabilitation counselor. She expressed, "I have quickly grown to love the mission of the Key Clubhouse and the model. I am eager to grow and feel very excited about the future of Key Clubhouse. I want to provide as much knowledge and support to members as well as our employers."